

THE ST. REGIS MONARCH BEACH

Bespoke

MAGAZINE

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Paradise
at the
POOL



SoCal's OLIVE
OIL MOVEMENT

ONE COUPLE,
TWO MEMORABLE
WEDDINGS



Paradise AT THE POOL

THE SEDUCTIVE MONARCH BEACH POOL CULTURE IS IDEAL ANY SEASON WITH A TRIO OF SALTWATER POOLS, BREATHTAKING VIEWS, PALATIAL FOUNTAINS AND RELAXED OUTDOOR DINING.

BY DEBBIE LAVDAS

TIME SPENT POOLSIDE AT THE ST. REGIS
Monarch Beach blurs the line between escape and reality with stunning backdrops, inspired Tuscan design and uncompromising service and amenities. Whether your plans are to relax with a favorite book and soak up the sun, play at the pool with family or dine with friends, you'll be rewarded with all that The St. Regis Monarch Beach pool culture has to offer.

Situated on the edge of the Pacific Ocean, the pool setting is truly spectacular with views of the beautiful botanical gardens, lush with tropical and Mediterranean plants, and the pristine landscape of the Monarch Beach Golf Links.

All that is requested of guests is to relax, unwind, enjoy and delight in the refreshing waters, warm temperatures, cool ocean breezes and the paradise of the pool.

Main Attraction

At the center of the pool culture at The St. Regis Monarch Beach is the Main Pool, which beckons guests to join in sunbathing, lounging and relaxation.

After picking a preferred chaise lounge, guests can bask as the sun warms their bodies and the views inspire time well spent. The pool is grand in size: 87 feet by 40 feet. One of the

most striking features of the Main Pool is the multi-tiered St. Regis Monarch Beach Fountain, a symbol of tranquility and a sign of prosperity. Its scale is powerful with details rich in classic, elegant design.

Guests will enjoy a perfect pool temperature that is heated to an inviting 84 degrees Fahrenheit—ideal for a leisurely dip or swim. The depth of the pool is a comfortable 3 feet, 9 inches that spans to its deepest measurement of 4 feet, 9 inches.

The Main Pool, intended for adults only, offers laid-back and very comfortable ease. Every 90 minutes, the St. Regis staff thoughtfully offers



amenities such as an Evian spritzer, frozen grapes, scented chilled towels and watermelon.

When it's time for a cocktail or some afternoon cuisine, St. Regis poolside service staff will be awaiting guests' orders. The menu of drinks and light American fare offerings is exceptional and the service is, of course, timely.

At night, as guests stroll the pool grounds, they will undoubtedly take note of The St. Regis Monarch Beach Fountain at the Main Pool, as it takes on a beacon of light essence—wonderfully drawing one's attention and casting a gorgeous warm glow on the surroundings.

Chic Cabanas

For an exquisitely private day at the pool, guests may choose to reserve a cabana at The St. Regis Monarch Beach. The resort offers eight luxury poolside cabanas for guests' leisure. The

cabanas are located near the Main Pool, as well as in close proximity to the Lagoon Pool for families to enjoy.

Having a cabana for the day brings many comforts of home while enjoying a day in the sun. Guests are offered added privacy and amenities that include cable television, a DVD player, an iPod docking station, a refrigerator, fresh fruit, water selection, reading material, a personal changing area and a private lounge setting.

Lagoon Pool

Children are always welcomed at The St. Regis Monarch Beach, and the Lagoon Pool is a great place for small children and families to have fun, play and be themselves. Children are invited to dive in and have fun, literally—toys are provided to practice diving skills.

The Lagoon Pool has two water areas, one of

Recipe for Relaxation

BUILD YOUR OWN ST. REGIS MONARCH BEACH SIGNATURE AGAVE MARIA BLOODY MARY.

AGAVE MARIA BLOODY MARY

Bloody mary mix (mix all ingredients well):

1/2 teaspoon celery salt
1/2 teaspoons black pepper
3 dashes of Tabasco
Juice from half of a lime
1 ounce Worcestershire sauce
1 teaspoon ground horseradish
4 ounces tomato juice

METHOD: Pour 6 ounces of the bloody mary mix in a glass with ice, add 1.5 ounces of 1800 Reposado Tequila and mix it well, and then add a skewer of jalapeno, lime wedges and olives.





which is 3 feet deep with a shallow end of just 9 inches, as well as an additional 12-inch-deep toddler pool (warmed to 86 degrees Fahrenheit). Many parents appreciate the duo of pool choices to play with the kids, so they can decide where to swim based on their child's age and swimming abilities. More peace of mind means the more fun at the pool.

A steamy Jacuzzi, heated to a 101 Fahrenheit, is also located near the Lagoon Pool, making for a favorite spot for all guests to gather.

Spa Pool

Spa Gaucin at The St. Regis Monarch Beach is named after the town of Gaucin, Spain, where time slows. Guests will find that time spent at the outdoor Spa Pool is perfectly paced as well. Rejuvenate the mind in the peaceful oasis—perhaps after a Signature Wellness Massage or an Alpine Oxygen Facial.

The pool features underwater music and is a lovely 82 degrees Fahrenheit. To deepen this



JODY TONKIN



JODY TONKIN

relaxing experience, guests can also enjoy the outdoor Jacuzzi.

If exercising the body is on the agenda, it's worth noting that the outdoor lap pool is 25 yards long and 3.5 feet deep, with three lanes.

Lounge chairs surround the Spa Pool, offering a very quiet, tranquil environment. The pool is located near the workout facility and the Spa Gaucin cafe, where guests are invited to order a healthy lunch or afternoon snack.

Dine Poolside

What better way to complete your day of sun and sublime relaxation than with a refreshing cocktail or light bite to eat? The fabulous Pool Bar & Grill, near the Main Pool and Lagoon Pool, has a variety of delicious menu items.

Favorite cocktails include: the Bikini Margarita made with Patron Silver, agave nectar and lime juice; the Strawberry Lemonade, which pairs Ketel One Citroen with triple sec, fresh lemonade and strawberry puree; and the St. Regis

bloody mary. Other signature drinks include the Monarch Martini, Laguna Flow and Frozen Mint Daiquiri, just to name a few.

For favorite foods, try the mahi tacos and the St. Regis Cobb. There's also a veggie burger, Modern Club and more. Children get their choice on the Kids Corner menu, with dishes such as macaroni and cheese, chicken tenders, a fruit bowl or tempting ice cream sandwiches. The Pool Bar & Grill is open from 11 a.m. to 3 p.m. daily, and drink service is until 4 p.m. daily.

Poolside at The St. Regis Monarch Beach, a Forbes Five-Star, AAA Five Diamond-awarded resort, rewards as only St. Regis can. As the ocean breezes blow gently and the sun warms the body and soul, it's hard to imagine a place more relaxingly captivating and strikingly serene than the pool setting at the St. Regis.

Whether traveling solo, as a couple or with family and friends, there is much to embrace about time spent poolside at the beautifully coastal address at The St. Regis Monarch Beach. ☺

Summer Splash

SAY "CHEERS" TO THE GOOD LIFE WITH THESE SIGNATURE COCKTAIL RECIPES.

BIKINI MARGARITA

Silver Patron, agave nectar and fresh lime juice (all equal parts).

STRAWBERRY LEMONADE

1.5 ounces Ketel One Citroen, $\frac{1}{2}$ ounce triple sec, fresh lemonade and strawberry puree.



Bikini Margarita